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## Flexible thinking worksheets free

A Little Spot of Flexible Thinking, written by Diane Alber, is a children's book that teaches school-aged kids the importance of adapting to change when solving problems. The book uses colorful illustrations to explain how rigid thinking can lead to problems, while flexible thinking helps keep them calm in unexpected situations. A worksheet is available to reinforce the child's understanding of rigid and flexible thinking after reading the book. This tool also allows teachers or counselors to identify areas where the child may need additional guidance. To use the worksheet effectively, have the child recall what they learned from the book about the two types of thinking and how to prepare for change. For further learning, various videos and activities are available to teach kids about flexible thinking, including read-alouds, songs, and inspirational stories. One such video features Grover and Zachary Quinto discussing the meaning of flexibility and providing examples of how to change plans. Another video shows Super Grover using flexible thinking to help a cow in need. A fun song by Ernie teaches kids about changing plans and being versatile. Additionally, a video by Autism Behavior Services, Inc. demonstrates the importance of being flexible when faced with rejection. Other inspiring videos feature kids giving pep talks and a funny home video of a bulldog trying to fit a bone into a small space, all aiming to teach children the value of flexible thinking. Watch a clever dog figure out how to get through a door! Can you think of other creative ways he could have done it? This video teaches flexible thinking and shows relatable examples for kids. It also helps with staying calm when things don't go as planned, getting along with others who think differently, and adapting to change. The Flexible Thinking Island is an interactive way for teens to learn how to adapt, get along with others, and stay calm when faced with unexpected situations. The video defines flexible thinking and provides examples that kids can understand. The author of Ninja Life Hacks shares a story about flexible thinking through a read-aloud session! If you're looking for more books on flexible thinking, be sure to check out the blog post mentioned. This bundle is perfect for kids who struggle with change, adapting, problem-solving, and coping with disappointment. Students will learn about stuck and flexible thinking by reading social stories, playing games, and doing engaging activities that practice cognitive flexibility. This resource includes S.M.A.R.T. IEP and treatment plan objectives, editable letters to families, companion resources, ideas for extension, and more! With this innovative resource, you can effortlessly download or print using your browser's built-in document reader features. This versatile tool is specifically designed for small group settings, catering to students' speech and language development, social skills, Autism support groups, SEL programs, Social Work interventions, School Counseling initiatives, and more! Each task card presents unique scenarios that help pupils distinguish between flexible and rigid thinking patterns. By brainstorming and practicing various approaches to flexibility, students gain the confidence to tackle changes with ease.

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