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Foundations Counseling Center Inc currently serves youth and their families in the following counties: Columbia, Dane, Dodge, Grant, Green, Iowa, Jefferson, Lafayette, Rock and Sauk. Insurances/Funding Sources that Foundations Currency accepts: Straight Medicaid Dean Health Plan CCS clients in Dane, Jefferson, Sauk, Dodge, Green, Rock, and Columbia Counties My Choice Family Care/Care Wisconsin GHC of Eau Claire Inclusion Rise Department of Corrections Sliding Scale and Private Pay clients Foundations also has County Funded contracts for in-Home Mental Health Services with Dane, Iowa, Columbia, Dodge, Jefferson, Sauk, and Rock Counties. Quartz Insurance Services Available through Foundations Counseling Center As a reminder, Foundations Counseling Center Inc offers a varied array of mental health services. These services include: In-Home Mental Health Services for Children, Adults and Families Group Therapy (Adult Depression Support Group and Teen Groups): Brochure Therapeutic Dungeons and Dragons Group Therapeutic Mentoring Outpatient Counseling Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) Eye Movement Desensitization and Reprocessing (EMDR) Child Parent Psychotherapy (CPP) Mental Health Treatment for the Birth to 5 Population: Brochure Infant Mental Health (IMH) ages 0-5 In-Home Mental Health Services and Therapeutic Resources for Seniors and clients with medical disabilities or dementia who receive services through Care Wisconsin or Inclusion Crisis Intervention/Stabilization as well as a 24 hour Crisis Line staffed with Licensed Clinicians FCC therapists also provide many researched based, effective alternative therapy interventions such as mindfulness meditation, deep breathing, journaling, and Trauma Informed Yoga Telehealth Sessions Wellness Groups Art Therapy AAT (Animal Assisted therapy) FCC specialty areas of treatment/support include, but are not limited to: Depression Anxiety Trauma PTSD Divorce Anger/Aggression Aging Self-Harm Suicide Postpartum Depression (PPD) Obsessive Compulsive Disorder (OCD) Life Transitions Personality Disorders LGBTQIA+ Grief and loss Phobias Abuse Infant Mental Health Chronic Pain Illness Couples Hoarding Sensory Processing Disorders Emotional Regulation Parenting Stress Loneliness Dialectical Behavioral Therapy Foundations serves adults, youth and their families in the following Southern Wisconsin counties: Columbia, Dane, Dodge, Grant, Green, Iowa, Jefferson, Lafayette, Rock and Sauk. If you are interested in hearing more about these services or have some service needs you feel we could help with, please contact us. Foundations Counseling Center Inc. has a full time position opening for a mental health in-home therapist to work with children, adults and families in Dane, Rock, Iowa and Dodge Counties. Ideal candidates will be licensed as a clinical social worker, professional counselor or marriage and family therapist. Candidates with an APSW or training license will also be considered. The ideal candidate will have a strong clinical background, work well independently as well as on a team, and have good organizational/time management skills. Travel within counties is typically required for in person sessions, but some Telehealth sessions can also be done remotely. Foundations has an independent and flexible work environment that offers mileage reimbursement, flexible hours, a home based office, telehealth, optional compensated on-call, paid and in-house training days, paid paperwork time, a stipend for education and a computer as well as an employer paid work cell phone. Bonus pay for additional hours worked. We would love for you to join our team! Please contact Alisa at [akm@foundationscc.com](mailto:akm@foundationscc.com) Foundations Counseling Center Inc was started in 2004 by Cristie Harbour, MS and Alisa-Kelly-Martina, MSSW, LCSW. Foundations Counseling Center Inc is a private outpatient mental health clinic operating out of Belleville, WI. Foundations Counseling Center Inc provides a wide range of traditional outpatient mental health services. In addition to these more traditional services, the clinic also provides Intensive In-Home Family Counseling for children and families, and in-home therapy for adults. (608) 424-9100 629 River St. Suite C Belleville, WI 53508 [fcoffice@foundationscc.com](mailto:fcoffice@foundationscc.com) High Point office park at 579 Donofrio Drive suite 203/206 Madison, WI 53719 [fcoffice@foundationscc.com](mailto:fcoffice@foundationscc.com) Foundations Counseling Center is grateful to be the recipient of numerous behavioral health and state grants that have and will continue to enhance and expand the mental health work we do in the community. 2020 and 2021 Dane Buy Local: Dane County Small Business Pandemic Relief Grant Program Recipient. Plan Wellness Grant Recipient 2022 Main Street Bounceback Grant: Funded by the Madison Region Economic Partnership (MadREP). This grant enabled Foundations to open a Madison office. [Wedc.org/mainstreet-bounceback2023](http://wedc.org/mainstreet-bounceback2023) UW-Whitewater CLAS Grant: Culturally Responsive Grant to address diversity, equity, and inclusion barriers by supporting agencies to both increase their capacity and to serve racially diverse, un-, and underserved/Medicaid patients, and serve communities in provider shortage areas. Supports implementation of Culturally and Linguistically Appropriate (CLAS) Standards. Program Description Culturally Responsive CLAS Grants Program Description 2022 Foundations was one of the WI DHS -Telehealth Behavioral Health Grantees: Foundations Counseling Center has partnered with the Belleville School District to provide telehealth services to children and families who are in need of mental health services. Dane County Outpatient Infrastructure Grant: Foundations was selected to receive an Infrastructure Grant Supporting Outpatient Providers for Underserved Populations from Dane County. Our intention for this grant is to continue to expand mental health services to serve infants, toddlers, and young children (ages 0-5 and their caregivers). This population of children ages 0-5, is underserved in Dane County and beyond, as there are limited providers available who have been trained to meet the mental health needs of children 0-5 and their caregivers and serve them in a developmentally appropriate manner. DHS/UW-Whitewater QIT grants program: Foundations was a grant recipient for the 3rd year in a row. For 2022 we received the Continuing Expanding Agency award for supervising and hiring Qualified Treatment Trainees (QTTs). HCBS Home and Community Based Services Grant: The Wisconsin Department of Health Services made possible by the American Rescue Plan Act (ARPA). Foundations was one of 43 grant recipients out of 700 who applied to receive this grant. This grant will help Foundations focus on improving home and community-based services for people who are elderly or have disabilities. Foundations will utilize this grant to retain and hire new mental health therapists in order to provide in-home mental health services and group therapy to Partnership and Family Care clients across 9 counties. (608) 424-9100 629 River St. Suite C Belleville, WI 53508 [fcoffice@foundationscc.com](mailto:fcoffice@foundationscc.com) High Point office park at 579 Donofrio Drive suite 203/206 Madison, WI 53719 [fcoffice@foundationscc.com](mailto:fcoffice@foundationscc.com) Stephani has a passion for helping individuals and families who have experienced traumatic and stressful situations, heal. She works with children, adolescents, and adults, providing in-home and outpatient services, as well as providing reflective supervision for the agency's clinical staff. She is experienced in providing family therapy, play therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Child-Parent Psychotherapy (CPP) and attachment-based therapy. Stephani is a nationally certified TF-CBT therapist, a nationally rostered CPP provider, and trained in EMDR. Stephani graduated with a BA in Psychology from Lake Forest College in Illinois in 2007, with a MS from Edgewood Colleges Marriage and Family Therapy program in 2009 and is a Licensed Marriage and Family Therapist. Stephani completed the year long Infant, Early Childhood and Family Mental Health Capstone program at UW-Madison in 2019. Stephani has always had an interest in working with children and families and prior to joining the staff at Foundations, worked for many years as a nanny and an assistant teacher at a Montessori school. Stephani completed undergraduate internships with a therapeutic equestrian program, and a hospital's Partial Hospital, and Intensive Outpatient programs. Stephani joined Foundations staff in 2008 as a graduate intern and was hired full time in 2009. Stephani feels strongly that we all have work to do; that self-awareness deepens our ability to challenge our unconscious biases, bear witness to others suffering, be vulnerable and act from integrity.

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