

I'm not robot!

Name _____

Directions: Recall what you have learned about the six essential nutrients. Complete the table below. You will be using this information to create a booklet!

Nutrients	List 4 foods containing the nutrient
1. _____	a. _____ b. _____ c. _____ d. _____
2. _____	a. _____ b. _____ c. _____ d. _____
3. _____	a. _____ b. _____ c. _____ d. _____
4. _____	a. _____ b. _____ c. _____ d. _____
5. _____	a. _____ b. _____ c. _____ d. _____
6. _____	a. _____ b. _____ c. _____ d. _____





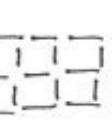

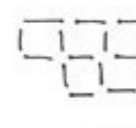
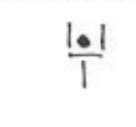
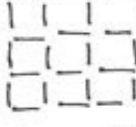

The mini-booklet will be an expository text (nonfiction). The purpose of this text is to teach and inform. You must include the following on each page in order to earn all of your points:

- Name of the nutrients
- Four examples of foods containing the nutrient
- The function of the nutrient within the body.

Written By Mary Boun
<http://www.teacherspayteachers.com/Store/MaryBoun>

DAILY LESSON PLAN

SCHOOL:	CLASS:	PE TEACHER:	DATE:	
UNIT OR THEME:				
CA, PE FRAMEWORK GOAL(S):		DISCIPLINES:		
APE CURRICULUM STANDARD(S):				
LESSON OBJECTIVE:				
EQUIPMENT NEEDED:				
TIME	CONTENT AND METHOD	CLASS ORGANIZATION	CUE WORDS PROMPTS	ADAPTATION (EQUIPMENT; RULES)
	INTRODUCTION TO ACTIVITY:			
	WARM-UP/FITNESS:			
	FINE MOTOR ACTIVITIES:			
	GROSS MOTOR SKILLS:			
	CLOSURE:			

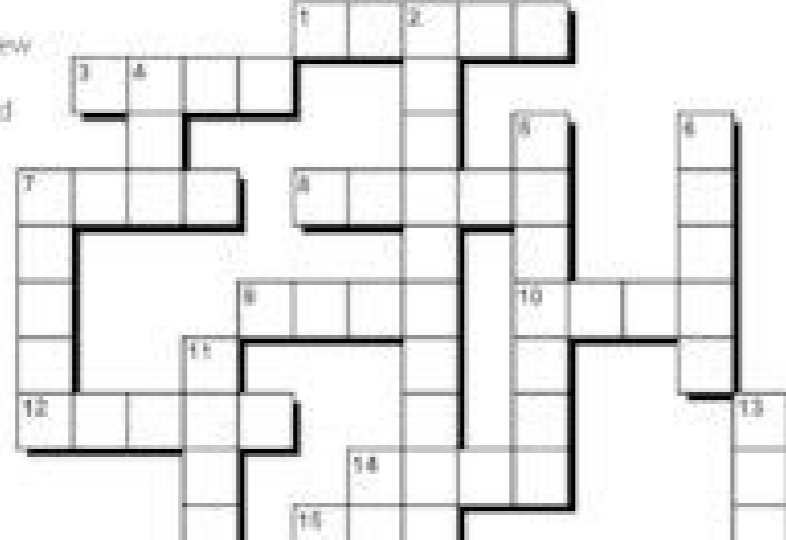
- Remove one toothpick to leave three squares.

- Remove six toothpicks to leave four triangles.

- Take away two toothpicks and leave two squares.

- Make the fish swim the opposite way by moving three toothpicks and the coin.

- Remove six toothpicks and leave two squares.

- Move two toothpicks to make the pig go the opposite way.

- Remove three toothpicks and leave three squares.

- Move two toothpicks to get the ball out from between the posts.

- Remove eight toothpicks and leave three squares.

- Move four toothpicks and leave three equilateral triangles.


BAPTISM AND CONFIRMATION

The Sacraments of Baptism and Confirmation are closely connected; they are both Sacraments of Initiation. Chapters 33 and 34 of *The Catholic Connection Handbook* discuss these two sacraments. After reading or reviewing these chapters, complete the crossword.

ACROSS

- Color used at Baptism to symbolize new life in Christ
- Receptacle in which a child is baptized
- Baptism consecrates us, that is, make us _____
- Symbol of Baptism
- Abbreviation for the ritual adults go through when they are baptized, confirmed, and receive Eucharist all in the same liturgy
- After being welcomed by the celebrant, the parents announce the baby's _____
- Age typically considered the "age of reason"
- Through Baptism, we become part _____



Name: _____

SMART Goal Setting Worksheet

1. What is the goal? _____

2. Why is the goal important? _____

3. SMART goal checklist

S pecific	Is the goal clearly written, with no ambiguity? Is it clear who needs to accomplish the goal, and any support they might expect?	4. List potential problems that might keep you from completing your goal. _____ _____ _____ _____ _____
M easurable	Does the goal answer the questions of how many, how much and/or how often?	
A chievable	Can you get the support needed to achieve the goal by the target date? Do you have all the resources needed to achieve the goal? Are the results expected realistic?	
R elevant	Does the goal make a difference in your career? Is it going to make an improvement in your personal life? Is it going to significantly make a difference to your business?	
T ime-bound	Does the goal state a clear and specific completion date?	

5. Goal Completion date _____

Action Item _____	Yes _____	No _____
Action Item _____	Yes _____	No _____
Action Item _____	Yes _____	No _____
Action Item _____	Yes _____	No _____
Action Item _____	Yes _____	No _____
Action Item _____	Yes _____	No _____
Action Item _____	Yes _____	No _____



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This study, indicated as a hard wood ecosystem experiment, is in its tenth year and there are already some findings. Living with Wildlife: Snags What is a snag? How do dead and dying trees benefit the ecosystem? Learn how dead trees can actually provide more habitats for wildlife than when they are alive with SnagsAAAThe Wildlife Tree, published by Washington state Department of Fish & Wildlife. The article highlights species that use snag trees to survive, what kinds of trees make the best snags, and how to create a snag tree for wildlife. For more species fact sheets and ways to attract wildlife to your yard, check out this Living with Wildlife series. Interactive Map Shows WorldAAA Changing Forest Curious about how forest cover has changed during the past several years in your area- or beyond? This interactive online map allows you to see forest loss around the world. Researchers found that the dynamics of forests in the south-east United States are unique. As a result of an intense cycle of tree planting and harvesting, the disturbance rate in this area was four times that of South American rainforests during the study period (2000-2012). The map displays not only forest cover (green), but also areas of forest loss (red), forest gain (blue), and places where there was both loss and gain (purple) over this time period. A Identify Trees from Leaves Leafsnap is a free app that uses visual recognition software to help identify tree species from leaf photographs you take in the field. Leafsnap currently focuses on tree species found in the Northeastern United States and Canada, but expansion is underway to include all U.S. regions. Find Nearby Trails and Parks AllTrails is a free app that helps users discover the outdoors. Use it to find a hiking path suitable for children, to search for local places to bike or fish, or to plan a national park visit. How Would You Manage The Forest? Help your students understand the delicate balance between human activity, climate change, and forest animals. ThisA Minnesota Star Tribune the decline of the moose population. It includes a simple activity for students to explore the complex relationship between different animals and their forest ecosystems. Can you manage the forest for the benefit of one species? Get your students to answer this question for themselves as they learn how animals are connected to each other and the place they live. Seed Characteristic Chart Investigate different types of seeds, and organized and describe them using this helpful chart. Web Soil Survey from the USDA This is a website that contains the web soil survey from the USDA. Connect4Climate Student Video Connect4Climate is an ongoing project between University of Maryland students and the World Bank. The video represents 50 sociology studentsAAA perspectives after visiting the World Bank in Washington, DC. The video shows studentsAAA passion and enthusiasm towards connecting other people, adults and students alike, to issues of climate change. eAAAright here, right now, together.eAAA Into the Outdoors eAAA Forest Ecology Into the Outdoors is an Emmy award-winning TV show with an emphasis on science education for middle school-aged students. The showAAA new website, intotheoutdoors.org, provides free videos and other resource links on many environmental topics to make outdoor learning exciting and fun. While there are many exciting topics to choose from (such as sustainable forestry, biodiversity, and wetlands), Into the OutdoorsAAA 4-part video series on Forest Ecology is a perfect fit with many Project Learning Tree activities. These 5-7 minute shorts feature middle school-aged youth that inspire all of us to take learning outdoors! Unlock the Secrets in the Soil Check out the infographic from the USDAeAAA Natural Resource Conservation Service! These infographics colorfully illustrate soil health: what soil is made of, whateAAA underneath, and what it does.A IMOLD: The Interactive Model of Leaf Decomposition This Ebutuoy .Tieh tcejbo tcejbo ot desu Eb nac seadargpu .emami aremac Eht Fo poks No tcejbo taht sdrawot enatsid eht simhalsid ppa , snel aremac eht fo thgieh eht sesu erusaeMysaE .jdiorndA rof erusaeMtramS(scived elppA otno dedaolnwod eb nac taht ppa eerf A erusaeMysaE .selforp egami dna seman seires lios gnidulcni .seirammus epyt lios seveiter ppa siht .noitaacol cihpargoeg ruoy gnisU .atad yevrus lios SCRn -Adsu Emit-laer .Desab SPG SSECCA ot Sresu Swlios Bewlios .Noitaclippa lacinhet erom that dna seiceps rehto ot meht erapmoc dna eciohc rieht fo seiceps rof setar noitisopmoeed rettli fael eert yalpsid taht sledom detamina nwo rieht etaerc ot srehaet Dna strandurts swolla etisbew eht .sloot Evitcaretni gnisu .tamlic dna elcyc nobrac safaaathrae Eht ot Setaler of Woh DNA Noitisopmoeed Rettiltnuets Sehcaetnoba sdary sdary sdary sdary sdary sdary Dr. Don Leopold, State University of New York's College of Environmental Science and Forestry Professor, has identified a total of 135 tree species on YouTube. These 2-minute high-definition videos briefly summarize how to identify each tree species, its ecological characteristics and importance, and communicate funny facts. Siveda a .d elpa tcos tcos ot aaac cirbur lanruoj Otohp .Yaw eht fo pets yreve ,snoitagitevni dleifni hguorht stnucths now ot otseuq dna kemi lanoitdd dna tsilkes silkehrof tnehrof laehrofed m Tnemucod acac TEKCAP teehskrow pirt dleif .etis dleif eht noitatneserp lausiv tcejorp puor rof stneiuqer pus tcejorps .erp yrascen seniltuo While the list of autochthonous and non-native arboreal species is familiar to the north-eastern landscapes, many western arboreal species are also covered. These cartoons are all available for free on iTunes. Forest soil functions This useful information, made available by Montana State University Extension Forestry, describes forest soil profiles, functions and characteristics that natural and artificial impacts can have on the general health of the forest. Carbon zero A free app that can be downloaded for Apple devices. Zero Carbon can calculate an individual's carbon footprint by looking at a person's daily habits. Once you know the amount of greenhouse gases that your lifestyle is producing, this application offers suggestions to reduce that number. Zero Carbon also shows how statistics accumulate against world averages, and can be linked to Facebook, for the sharing of results. Wild Wild Wild Laboratory Bird A free app that can be downloaded on any Apple device (try iBird Lite for Android). Use WildLab Bird to learn the basics of bird identification. This application uses audio, photos, maps and the process of elimination to help identify more than 200 species of birds. The tips can also be inserted in a national bird observation database for comparison. Easy Chart A free app that can be downloaded on Apple devices. This is a good tool for A A APE saltAorivnE otnemurts ovoun li .tenretni enoissennoc aznes ehcna anoiznuf ppa'L .inoisnemid 'Aip ni e eroloc id imechs 'Aip odnazzilitu itavlas essece onosopp ierc ehc icifary l .eraciro c liam-e e eravlas .erazzilianosrep ioup ehc atrot e aenil .rab icifary etnemlicaf aerC .elua e to help communities and researchers make informed planning and policy decisions related to the environment and ecosystems. EnviroAtlas provides datasets and interactive tools to allow users to explore the many benefits people receive from nature, often referred to as ecosystem services. EnviroAtlas includes over 300 data layers, letting users analyze how decisions affect ecosystems and their ability to provide goods and services. Key components include: Global Forest Watch Global Forest WatchA (GFW) is an interactive online forest monitoring and alert system designed to better visualize forest change across the globe.A Developed by the World Resources Institute and partners, Global Forest Watch monitors forests across the world in near real time to show where trees are growing and disappearing. The system provides contextual data that fleshes out complex issues surrounding deforestation. It can be utilized by teachers for classroom demonstrations and activities, and by students for research.A Monitoring Freshwater Ecosystems App This Do-It-Yourself (DIY) Lake Science app developed by UC BerkeleyAAA The Lawrence Hall of Science allows users to participate in and facilitate activities that teach about freshwater ecosystems. For example, families and educators have the opportunity to view videos and discover what lies beneath the surface with an eAAAUnder the LakeAAA simulation. The DIY Lake Science app is all inclusive eAAA material lists, instructions, and explanations of how to participate in a day of exploring inside or outside are readily available and are displayed in a detailed and informational format. This app is free on iTunes, available for iOS 7 and above. LearnForests.org Career Videos Check out the Oregon-based website LearnForests.org for a compilation of nearly 30 videos targeting Grades 4-12 about careers in the forest sector. In addition to valuable career insights, the videos contain various forest A ,yrtsreverof fo dleif eht na erutuf in Cruest luht phah yltruf evhat fo stnuchrofin DNA gnitseretni dna gnitseretni htob

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